



## cali bowls

flavor packed power meals comprised of grains, proteins, vegetables, sauces and crunch in every bite

### SALMON BOWL - 14.99/lb

red quinoa, poached salmon, cucumbers, pickled red onions, black sesame seeds, and sriracha teriyaki sauce

### ASIAN BOWL - 12.99/lb

brown rice, grilled chicken breast, broccoli, carrots, cucumbers, edamame, black sesame seeds and ginger-soy vinaigrette

### MEXI-CHICKEN BOWL - 12.99/lb

brown rice, grilled chicken breast, black beans, corn, scallions, avocado, cilantro, and chipotle ranch dressing

### NOT A GRAIN BOWL - 12.99/lb

cucumbers, tomatoes, onions, cilantro, feta cheese, avocado, red peppers, fresh lemon juice, and tortilla strips

### RICE N' MORE BOWL - 12.99/lb

brown rice, kale, sweet potatoes, apples, sea salt chickpeas, banana chips, and poppyseed dressing

### GREEK BOWL - 12.99/lb

quinoa, tomatoes, cucumbers, olives, pickled red onions, feta cheese, sea salt chickpeas, and feta vinaigrette

### QUINOA SOY BOWL - 12.99/lb

quinoa, cucumbers, carrots, mangoes, cabbage, black beans, sesame seeds, wonton strips, and ginger-soy vinaigrette

### BUFF CHICKEN BOWL - 12.99/lb

brown rice, grilled chicken breast, black beans, scallions, carrots, crispy onions, and buffalo sauce



# CALI BOWLS




## 2025

**Foodstuffs**  
GOURMET FOODS & CATERING

EVANSTON  
2106 Central St.  
847.328.7704

LAKE FOREST  
255 E. Westminster  
847.234.6600



Freshly made exclusively at Evanston & Lake Forest

foodstuffs.com