

Foodstuffs

GOURMET FOODS & CATERING

* Menu Items Subject to Change

MONDAY	
February 10	
SOUPS & DIPS	
ww Chicken Noodle Soup (LF) ww Ten Vegetable Soup (GF) (LF)	6.99 ea
ww Low Fat Split Pea Soup (GF) (LF)	6.99 ea
ww Lemon Chicken Soup (LF)	6.99 ea
ww Beef & Barley Soup (LF)	6.99 ea
SALADS	
Courtney's Tuna Salad (GF) (LC)	15.99 lb
Reduced Fat Tuna Salad (GF) (LC)	15.99 lb
Terry's Chicken Salad (LC)	15.99 lb
Italian Chopped Brussels Sprouts Salad	11.99 lb
ww Israeli Couscous Salad (LF)	11.99 lb
ENTREES & SIDE DISHES	
Grilled Herb Marinated Chicken Breast (LC)	17.99 lb
ww Reduced Fat Chicken Tetrizzini	12.99 lb
ww Roasted Zucchini Lasagna	12.99 lb
ww Keto Casserole with Beef & Broccoli (LC)	15.99 lb
ww Chicken Burgers (LC) (LF)	13.99 lb
Mini Cheeseburgers	3.99 ea
ww Steamed Asparagus with Mushrooms (LF) (LC)	12.99 lb
Mashed Potatoes & Butternut Squash	9.99 lb
PASTRIES	
3" Valentine's Bubble Cake	8.99 ea
Mini Rustic Apricot Raspberry Tart	5.99 ea
Valentine Cake Pops	3.99 ea
Mini Mini Valentine's Snowballs	3.99 ea
Karen Plowden's Ginger Snap Sandwich Cookies	19.99 lb
Brownies Caramel Brownies	19.99 lb
Black & White Squares Lemon Bars	19.99 lb

WEDNESDAY	
February 12	
SOUPS & DIPS	
ww Tomato Soup with Israeli Couscous (LF)	6.99 ea
ww Greek Chicken & Orzo Soup (LF)	6.99 ea
Almond Chipotle Dip (GF) (LC)	6.99 ea
SALADS	
Courtney's Tuna Salad (GF) (LC)	15.99 lb
ww Reduced Fat Curried Chicken Salad	15.99 lb
ww Beet & Mango Salad (LF)	11.99 lb
ENTREES & SIDE DISHES	
No Carb Parmesan Chicken Breast (LC)	17.99 lb
Grilled Asian Garlic Steak Kabobs	14.99 ea
Wild Mushroom & Goat Cheese Crepes	12.99 lb
Southern Fried Chicken Sliders	4.99 ea
ww Baby Vegetable Medley (LF) (LC)	12.99 lb
Mashed Potatoes & Gravy	8.99 lb
PASTRIES	
10" Heavenly Chocolate Cake	8.99 lb
3" Sweetheart Cake	9.99 ea
Fresh Raspberry Lemon Curd Slice	6.99 ea
Mama K's Carrot Cake Squares	5.99 ea
Valrhona Chocolate Pudding Clemente's Rice Pudding	4.99 ea
Valentine's Smiley Face Cookies	5.99 ea
Happy Birthday Cookies	5.99 ea
Mini Heart Shaped Shortbread	19.99 lb
Red Velvet Crinkle Cookies	19.99 lb

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TUESDAY	
February 11	
SOUPS & DIPS	
Spicy Bahamian Seafood Chowder	6.99 ea
ww Hummus (GF)	5.99 ea
SALADS	
Courtney's Tuna Salad (GF) (LC)	15.99 lb
ww Jennifer Aniston's Bulgur Salad	11.99 lb
ENTREES & SIDE DISHES	
Chicken Milanese	17.99 lb
ww Chicken Breast Stir Fry (LC)	14.99 lb
ww Turkey Stuffed Peppers (LC)	12.99 lb
Artichoke Risotto Cakes	12.99 lb
Risa's Turkey Burgers (LC)	13.99 lb
ww Parmesan Herb Cauliflower	11.99 lb
Roasted Lemon Oregano Potato Wedges	10.99 lb
PASTRIES	
Mini Cherry Pie	8.99 ea
Crème Caramel	3.99 ea
Mini Valentine's Fat Boys	3.99 ea
Tea Breads (Banana, Lemon Blueberry, Zucchini)	8.99 ea
Foodstuffs Pound Cake	19.99 ea
Karen Malkin's Raw Cranberry Oat Bites	19.99 lb
Mexican Wedding Cookies	19.99 lb
Monster Bars	19.99 lb

THURSDAY	
February 13	
SOUPS & DIPS	
ww Chicken Ramen Soup	6.99 ea
Artichoke & Spinach Dip (LC) (GF)	6.99 ea
ww Carolina Crab Dip	7.99 ea
SALADS	
Courtney's Tuna Salad (GF) (LC)	15.99 lb
Reduced Fat Tuna Salad (GF) (LC)	15.99 lb
Terry's Chicken Salad (LC)	15.99 lb
Vegan Spicy Tofu	14.99 lb
ENTREES & SIDE DISHES	
Beef Stew	11.99 lb
Marinated Sage & Garlic Turkey Breast (LC)	18.99 lb
Eggplant Parmesan	12.99 lb
ww Fall Roasted Vegetables (LF)	12.99 lb
Mini Lobster Rolls	9.99 ea
Mini Cheeseburgers	3.99 ea
Samosas	3.49 ea
PASTRIES	
Mini Peach Cobber Pie	8.99 ea
3" Valentine's Confetti Cake	9.99 ea
Foodstuffs Mini Valentine's Cupcakes	3.99 ea
Turtle Thumbprints	19.99 lb
Assorted Rugelach	10.99 pk
Gluten Free Brownies	19.99 lb

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FRIDAY	
February 14	
VALENTINE'S DAY	
TO BEGIN	
Lobster Bisque	8.99 ea
Portobello Mushroom Soup	6.99 ea
Shrimp Cocktail	32.99 lb
Mini Tenderloin Sandwiches	7.99 ea
Chicken Parmesan Sliders	4.99 ea
Roasted Red Pepper Dip (LC) (GF)	6.99 ea
SIDE DISHES	
Courtney's Tuna Salad (GF) (LC)	15.99 lb
Chopped Salad	11.99 lb
Old Fashioned Egg Salad (LC)	11.99 lb
www Low Fat Creamed Spinach (LF)	12.99 lb
Potato Au Gratin Dauphinoise	12.99 lb
ENTREES	
Ric's Tenderloin (LC)	49.99 lb
Stuffed Chicken Breast with Artichoke & Spinach	17.99 lb
www Risotto with Wild Mushrooms	12.99 lb
PASTRIES	
6" Banana Chocolate Chip Cinnamon Cake	20.99 ea
Heart-Shaped Fresh Fruit Tart	10.99 ea
Chocolate Heart-Shaped Torte	10.99 ea
Valentine's Pretty Lady Cake	19.99 ea
Strawberry Heart-Shaped Cheesecake	10.99 ea
Mini Heart-Shaped Shortbread	19.99 lb
Heart Breaker Confetti Caramel Brownies	19.99 lb
Foodstuffs Buttercream Cookies	19.99 lb
Mini Mini Chocolate Chip Cookies	16.99 pk
Puppy Chow	19.99 lb

SATURDAY	
February 15	
SALADS & SIDES	
Courtney's Tuna Salad (GF) (LC)	15.99 lb
ENTREES	
Skinless Fried Chicken	10.99 lb
Baked Italian Mostaccioli	12.99 lb
Frank's Chicken & Rice Stew	14.99 lb
Mini Butternut Squash Quesadillas	10.99 lb
Vegan Edamame Pot Stickers	16.99 lb
PASTRIES	
Mini Triple Berry Lattice Pie	8.99 ea
3" Chocolate Sour Cream Layer Cake	9.99 ea
Mini Milky Way Pound Cake	6.99 ea
Brown Butter Snickerdoodles	19.99 lb

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WITH FOODSTUFFS EVENTS & CATERING**

FOODSTUFFS FAMOUS COOKIES & SCONES	
MONDAY - SATURDAY	
Chocolate Chip Cookies	3.49 ea
MONDAY	
Chocolate Chip Scones	2.99 ea
TUESDAY	
Apricot Scones	2.99 ea
WEDNESDAY	
Chocolate Chip Scones	2.99 ea
THURSDAY	
Apricot Scones	2.99 ea
FRIDAY	
Chocolate Chip Scones	2.99 ea
Oatmeal Raisin Cookies	3.49 ea
SATURDAY	
Apricot Scones	2.99 ea
Oatmeal Raisin Cookies	3.49 ea

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